## **Resource Guide**



## Guelph, ON

Service Telephone Address

↑ Rent Bank			
County of Wellington Rent Bank Assistance with rent arrears  wellington.ca/programmes-services/housing-services-supports	519-824-7822 ext 3712	74 Woolwich St, Guelph	
(†) Utility Bank			
County of Wellington Emergency Energy Program Assistance with utility arrears  wellington.ca/programmes-services/housing-services- supports	519-824-7822 ext 3712		
🍎 Food Bank			
Guelph Food Bank Assistance with food  ☑ gfb@spiritwind.ca  ⊕ guelphfoodbank.ca/	519-767-1380	100 Crimea St. C12, Guelph	
Clothing Bank			
New Life Christian Reformed Church Thrift store  ☑ clothingcloset@newlifecrc.net  ⊕ newlifecrc.net/	519-823-5851	400 Victoria Rd North, Guelph	
Job Bank			
Government of Canada Assistance with job search  www.on.jobbank.gc.ca/home			
H Health Resources			
Guelph Wellington Seniors Association  Health Service  ☑ info@gwsa-guelph.ca  ⊕ https://gwsa-guelph.ca/	519-837-5696	683 Woolwich Street, Guelph	



## **Resource Guide**



## Guelph, ON

Service Telephone Address

Mental Health Resources			
CMHA  Mental Health resources  ☑ info@ontario.cmha.ca ⊕ ontario.cmha.ca/	1-866-531-2600		
Resource Directory			
211 Ontario Source of Information for Services  211ontario.ca/	211		

