

# RENT AID

## Resource Guide




### Ottawa, ON

#### Service

#### Telephone

#### Address

#### Rent Bank

|  |              |                                 |
|--|--------------|---------------------------------|
| <b>Assistance Program</b><br>Assistance with rent arrears<br> <a href="mailto:info@och-lco.ca">info@och-lco.ca</a><br> <a href="http://och-lco.ca/">och-lco.ca/</a>  | 613-731-1182 | 39 Auriga Drive, Ottawa         |
| <b>City of Ottawa Housing Services</b><br> <a href="mailto:housing@ottawa.ca">housing@ottawa.ca</a><br> <a href="http://ottawa.ca/en/family-and-social-services/older-adults/financial-assistance">ottawa.ca/en/family-and-social-services/older-adults/financial-assistance</a> | 613-560-6000 | 100 Constellation Drive, Ottawa |


#### Utility Bank

|   |              |                                 |
|---|--------------|---------------------------------|
| <b>City of Ottawa Utility Assistance Program</b><br>Assistance with utility arrears<br> <a href="mailto:housing@ottawa.ca">housing@ottawa.ca</a><br> <a href="http://ottawa.ca/en/family-and-social-services/older-adults/financial-assistance">ottawa.ca/en/family-and-social-services/older-adults/financial-assistance</a> | 613-560-6000 | 100 Constellation Drive, Ottawa |
|---|--------------|---------------------------------|

#### Food Bank

|   |              |                                  |
|---|--------------|----------------------------------|
| <b>Ottawa Food Bank</b><br>Assistance with food<br> <a href="mailto:info@ottawafoodbank.ca">info@ottawafoodbank.ca</a><br> <a href="http://ottawafoodbank.ca/">ottawafoodbank.ca/</a>   | 613-745-7001 | 1317 Michael Street, Ottawa      |
| <b>The Well</b><br>Assistance with food<br> <a href="mailto:info@thewellottawa.org">info@thewellottawa.org</a><br> <a href="http://ccfcottawa.ca/about-us/">ccfcottawa.ca/about-us/</a> | 613-238-8311 | 154 Somerset Street West, Ottawa |

#### Clothing Bank

|  |              |                           |
|--|--------------|---------------------------|
| <b>Clothing Bank</b><br>Thrift store<br> <a href="mailto:info@clothingbank.ca">info@clothingbank.ca</a><br> <a href="http://clothingbank.ca/">clothingbank.ca/</a>                 | 613-789-8210 | 233 Murray Street, Ottawa |
| <b>Salvation Army Ottawa</b><br>Thrift store<br> <a href="mailto:ottawa@salvationarmy.ca">ottawa@salvationarmy.ca</a><br> <a href="http://salvationarmy.ca/">salvationarmy.ca/</a> | 613-233-8434 | 171 George Street, Ottawa |



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PROPERTIES

1133 Yonge Street, 2nd Floor, Toronto ON M4T 2Y7  
1-866-898-8868 [hazelviewproperties.com](http://hazelviewproperties.com)

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#### Job Bank

**Government of Canada**

Assistance with job search

 [www.on.jobbank.gc.ca/home](http://www.on.jobbank.gc.ca/home)



#### Health Resources

**Council on Aging of Ottawa**

Health Service

 [info@coaottawa.ca](mailto:info@coaottawa.ca)

 <https://coaottawa.ca/>

613-789-3577

1247 Kilborn Place, Ottawa



#### Mental Health Resources

**Mental Health Crisis Line (CMHA Ottawa)**

Mental Health resources

 [cmha@cmha-ottawa.net](mailto:cmha@cmha-ottawa.net)

 [ottawa.cmha.ca/](http://ottawa.cmha.ca/)

613-722-6914



#### Resource Directory

**211 Ontario**

Source of Information for Services

 [211ontario.ca/](http://211ontario.ca/)

211



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