## **Resource Guide**



## London, ON

Service Telephone Address

| ↑ Rent Bank  |                           |                               |  |
|--|---------------------------|-------------------------------|--|
| London Rent Bank Assistance with rent arrears  ✓ rrentbank@london.ca  ⊕ atlaslondon.ca/Services/List/10723/Financial Assistance for Rent and Utilities                             | 519-661-2500<br>ext. 5817 | 141 Dundas Street, London     |  |
| Salvation Army, London Centre of Hope Assistance with rent arrears  ✓ hope@centreofhope.ca  ⊕ centreofhope.ca/   | 519-661-0343              | 281 Wellington St, London     |  |
| • Utility Bank   |                           |                               |  |
| London Utility Assistance Program Assistance with utility arrears  ☑ utilityassistance@london.ca  ⊕ atlaslondon.ca/Services/List/10723/Financial Assistance for Rent and Utilities | 519-661-2500<br>ext. 5817 | 141 Dundas Street, London     |  |
| Salvation Army, London Centre of Hope Assistance with utility arrears  ⋈ hope@centreofhope.ca centreofhope.ca/   | 519-661-0343              | 281 Wellington St, London     |  |
| 🍎 Food Bank  |                           |                               |  |
| London Food Bank Assistance with food  ☑ info@londonfoodbank.ca  ⊕ londonfoodbank.ca/  | 519-659-4045              | 926 Leathorne Street, London  |  |
| Clothing Bank  |                           |                               |  |
| The Salvation Army London Community & Family Services Thrift store  ☑ london@salvationarmy.ca  ⊕ salvationarmyvillage.ca/  | 519-434-9111              | 281 Wellington Street, London |  |



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| Service  | Telephone                 | Address                    |  |
|--|---------------------------|----------------------------|--|
| RENEW Community Store  Thrift store  ☑ info@renewcommunitystore.ca  ⊕ renewcommunitystore.ca                         | 519-451-4334              | 476 Clarke Rd, London      |  |
| <b>Job Bank</b>  |                           |                            |  |
| Government of Canada Assistance with job search  www.on.jobbank.gc.ca/home   |                           |                            |  |
| H Health Resources   |                           |                            |  |
| London Seniors Community Association  Health Service  ☑ Isclondon@rogers.com  ⊕ https://lsclondon.ca/                | 519-433-0625              | 78 Riverside Drive, London |  |
| Mental Health Resources  |                           |                            |  |
| Canadian Mental Health Association (CMHA) - Middlesex Mental Health resources  ☑ info@cmhamiddlesex.ca  ⊕ cmhatv.ca/ | 519-434-9191              | 648 Huron Street, London   |  |
| My Sisters' Place  Mental Health resources  ☑ info@cmhatv.ca  ⊕ cmhatv.ca/mysistersplace/                            | 519-679-6570<br>ext. 5000 | 566 Dundas St, London      |  |
| Resource Directory   |                           |                            |  |
| 211 Ontario Source of Information for Services  ## 211ontario.ca/  | 211                       |                            |  |