Resource Guide



Halifax, NS

Service Telephone Address

↑ Rent Bank			
Income Assistance Program Assistance with rent arrears movascotia.ca/coms/employment/income_assistance/index.html	1-877-424-1177		
🛖 RGI Housing			
Metropolitan Regional Housing Authority Rent geared to Income housing beta.novascotia.ca/programs-and-services	902-420-6017	3-3770 Kempt Rd, Halifax	
• Utility Bank			
The HEAT Fund Assistance with utility arrears	902-422-3435		
Salvation Army Food Bank Assistance with food salvationarmy.ca/	902-422-2363	2044 Gottingen St, Halifax	
Clothing Bank			
The Salvation Army Thrift store salvationarmy.ca/	902-453-1880	3667 Strawberry Hill St, Halifax	
Job Bank			
Government of Canada Assistance with job search www.on.jobbank.gc.ca/home			



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Health Resources			
VON Canada Health Service ✓ vonhalifax@von.ca ⊕ https://von.ca/en	902-455-6655	7001 Mumford Road, Tower 1, Suite 300, Halifax	
Mental Health Resources			
Nova Scotia Mental Health and Addictions Services Mental Health resources movascotia.ca/mental-health-and-wellbeing/	1-833-337-1781	5670 Spring Garden Road, Suite 300, Halifax	
Resource Directory			
211 Nova Scotia Source of Information for Services ms.211.ca/	211		

